

GambleAware

Minutes of the Scottish Advisory Panel

DATE	Monday 13 January 2020
TIME	11.30am – 1.30pm
VENUE	Glasgow City Chambers, George Square, Glasgow, G2 1DU

PRESENT	INITIALS	NOTES
Joe Brady	JB	Glasgow City Council
Patrick Browne	PB	Gambling Commission
Cllr Annette Christie	CAC	Glasgow City Council (present for part of the meeting)
Fiona Dobbie	FD	University of Edinburgh
Iain Fraser	IF	Office of Ronnie Cowan MP - APPG Gambling Related Harm
Michelle Gillies	MG	Scottish Public Health Network
Paul Goodwin	PG	Scottish Football Supporters Association
Anna Hemmings	AH	GamCare
Niall Kearney	NK	Scottish Government
Dr. Michael Kehoe	MK	NHS Lothian
Christine Lang	CL	Citizens Advice Scotland
Yvonne MacDermid	YM	Money Advice Scotland
Dr. Donald Macintyre	DM	NHS24
Alastair MacKinnon	AM	Fast Forward
Dr Adrian Parke	AP	University of the West of Scotland
Annabelle Ridley	AR	Citizens Advice Scotland
Andrew Todd	AT	RCA Trust
Billy Watson	BW	Scottish Association for Mental Health
IN ATTENDANCE		
Zoe Blood	ZB	GambleAware
Alison Clare	AC	GambleAware
John McCracken	JM	GambleAware
APOLOGIES		
Lorna B	LB	Affected Other (service user perspective)
David Brownlee	DB	Citizens Advice Scotland
Phil Mackie	PM	Scottish Public Health Network
Zoe Osmond	ZO	GambleAware
Professor Gerda Reith	GR	University of Glasgow
Gavin Russell	GR	Scottish Government
John Wood	JW	Convention of Scottish Local Authorities

1. Welcome and apologies

JM welcomed everyone to the meeting. JB was thanked for organising the meeting venue. It was acknowledged that AM will be stepping down from his role as Chief Executive at Fast Forward, and that GambleAware look forward to working closely with them during the succession process.

Apologies were received from those listed above.

2. Declarations of interest

No declarations of interest were made.

3. Minutes of the previous meeting

Minutes of the meeting held on 14 May 2019 were agreed.

4. Terms of Reference

The Terms of Reference for the Panel were agreed.

It was agreed JM and AC will chair this meeting.

5. Implementing the Gambling Commission's Strategy

PB provided an update on the National Strategy to Reduce Gambling Harms.

The National Strategy to Reduce Gambling Harms was launched in April 2019 and was developed with the ABSG. It is not viewed as owned by the Gambling Commission, but rather a strategy which partners and stakeholders can take forwards collectively.

The Gambling Commission is committed to supporting partners to take the strategy forward and is working across Great Britain to take forward a lived experience approach.

There will be updates on the strategy implementation groups in due course.

There is dedicated website for the National Strategy to Reduce Gambling Harms which houses all the key information and updates:

<https://www.reducinggamblingharms.org/>.

6. Update from Cllr Annette Christie

CAC joined the meeting.

CAC noted that gambling has long been recognised as an issue in Glasgow.

There were plans for an international summit in Glasgow later in the year, as well as work to develop a multi-agency framework across the city to take forward work across Research, Education and Treatment.

JM noted that the National Strategy to Reduce Gambling Harms is dependent on further action and learning from what works at a local level, and Glasgow's approach provides valuable thought leadership .

CAC left the meeting following this update.

7. Scottish Public Health Network update

MG provided an update from the Scottish Public Health Network (ScotPHN).

As a test-bed for Scotland, ScotPHN have been working with the council to look at how to operationalise a public health approach to gambling harms.

JM updated that MG and AT spoke to GPs in Glasgow in November who were interested to hear about the work that has been done and what the treatment offer is, which received positive feedback.

8. Early intervention and referral pathways

a. Fast Forward update

AM provided an update from Fast Forward.

The Scottish Gambling Education Hub programme, which is funded by GambleAware, is coming to the end of year 1 of the 3 year project. This is a national education and prevention programme which provides free training and resources to help parents, carers, youth workers, teachers and professionals working with young people address gambling issues across Scotland. The first national conference as part of the Scottish Gambling Education Network will be held in April this year.

To date, 900 practitioners have received training and 160 CPD sessions have been delivered. The hub has also run 3 social media campaigns in collaboration with universities in Aberdeen, Dundee and Edinburgh. The second round of the 'Trust Me' theatre-based educational tour begins this month.

In the coming months they would be publishing a new publication for parents and carers.

Parent Zone have recently published resources on the gambling-like activities within gaming that can be accessed here: <https://parentzone.org.uk/gamingorgambling>.

AT and AH highlighted the GamCare Big Deal programme which provides sessions directly to young people in schools and has its own website.

b. Citizens Advice Scotland update

AR provided an update from Citizens Advice Scotland.

Citizens Advice Scotland are developing a Gambling Support Service across Scotland, which will be a similar model to the project currently being delivered by Citizens Advice across England and Wales. The Gambling Support Service has been commissioned by GambleAware to run for 2 years from April to raise awareness, provide training to debt advisors and other frontline workers in other professions who

come across people suffering from gambling harm and to implement screening for gambling harm.

AH highlighted the work being undertaken by GamCare in terms of financial harms, which will be looking at best practice and developing resources.

9. National Gambling Treatment Service update

a. RCA Trust update

AT provided an update on RCA Trust activity.

RCA Trust work in partnership with GamCare, Money Advice Scotland and local authorities. They also work in conjunction with Citizens Advice Scotland. They have good coverage across Scotland to provide brief interventions and 12 sessions of one to one care and for rural areas email and skype facilities are utilised.

JM noted that the presentation at Pulse Live was well received and there were many GPs who have shown interest in understanding how to address gambling harms.

BW acknowledged that the emerging workforce of GP link workers will need to be connected with existing pathways.

b. GamCare update

AH provided an update on GamCare activity.

The National Gambling Helpline (NGH) had moved to 24/7 operation since October 2019, and so far there has been reasonable uptake within the additional hours. The NGH is one of the larger helplines in the UK, and it received 30,000 target calls over the last year and has a higher trajectory for this coming year. They have seen a swing to live chat over phone calls particularly overnight.

The cCBT programme was launched in November, which provides 8 online sessions that are supported by phone calls from a therapist.

A new clinic has been opened in Leeds, in partnership with the NHS, which is a place-based model that is being evaluated to inform service development in other places.

JM updated that GambleAware have been in discussion with the CQC about what an inspection regime in England may look like, which can then be applied to Scotland.

c. NHS Services

JM updated that GambleAware is looking to establish NHS clinics in Scotland, and there have been ongoing discussions around this.

10. Research in and for Scotland

AP updated the Panel on his ongoing research into high frequency gambling activities/no break in play which is exploring creating breaks in slot machine sessions to increase decision making capacity.

AP's research in virtual reality is still ongoing, which is focusing on exposure therapy to increase emotional resonance.

FD is currently working on a school-based programme to protect young people, which will be delivered through peer support rather than by adults. This is in the very early stages, and runs to the end of January 2020, by which time it will have been piloted in 1 school.

AC outlined the research programme of work being commissioned by GambleAware: evaluations, patterns of play, what works in industry harm minimisation, safer gambling messaging, treatment and support, and lived experience. AC highlighted that GambleAware also commission in the area of capacity building to broaden the number of institutions involved, and fund PhD candidates.

11. Women and gambling

Discussion was deferred to the next meeting.

12. Safer Gambling Campaign

A short presentation was given providing an update on the Safer Gambling Campaign to date.

13. Any other business

It was agreed that the Safer Gambling Campaign will be covered in greater detail at the next meeting.