

GambleAware

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ANNOUNCEMENT

GambleAware publishes report on gambling in families and the influence of parents and families on young people

London, 11 October: GambleAware has published a report from Ecorys on the role and influence of parental and family behaviours on gambling-related harm in young people. The research highlights that where parents effectively teach responsible strategies to a young person early on, young people describe feeling more in control, aware of the risks, and less drawn to risky behaviour. Where parents lacked understanding about the risks of gambling, it was harder for them to take a protective role and share effective strategies in moderation and control.

The research also found that young problem gamblers do not see gambling as a social activity. They typically describe their gambling as a solitary behaviour, and often go to great lengths to hide it from their family. This made it difficult for parents to be able to support their children when problems occurred, as parents were often unaware of the issues. The report shows that young people often viewed issues related to gambling as one they could independently deal with and that other sources of information and advice beyond their family was given more value, including listening to those with 'lived experience' of a gambling disorder and its associated harm.

Clare Wyllie, Director of Research and Evaluation at GambleAware, said: "This research highlights the importance of parents in the lives of young people and gambling but also that parents and families are not always aware of the issues young people are facing. More research is needed in this area to support policy and practice going forward".

-ENDS-

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GambleAware® • Registered in England No 4384279 • Charity No 1093910

Chair: Kate Lampard CBE

Trustees • Saffron Cordery • Professor Sian Griffiths • Michelle Highman • Professor Anthony Kessel
• Chris Pond • Paul Simpson • Professor Marcantonio Spada • Professor Patrick Sturgis

Chief Executive: Marc Etches

NOTES

- The report can be accessed [here](#).
- GambleAware is an independent charity tasked to fund research, education and treatment services to help to reduce gambling-related harms in Great Britain. GambleAware is a commissioning and grant-making body, not a provider of services.
- GambleAware published a [5-year strategy](#) in November 2016, and in July 2018 published a [Strategic Delivery Plan](#) that sets out how the charity proposes to broaden the range of services and activities it funds, supports and works with between 2018 and 2020.
- Guided by the [National Responsible Gambling Strategy](#), the charity's strategic aims are to: broaden public understanding of gambling-related harms, in particular as a public health issue; advance the cause of harm-prevention so as to help build resilience, in particular in relation to the young and those most vulnerable to gambling-related harms; and help those who do develop gambling-related harms get the support that they need quickly and effectively. For more information, please go to: <http://about.gambleaware.org/>
- The current National Responsible Gambling Strategy was published in April 2016 by the Responsible Gambling Strategy Board (RGSB) and endorsed by the Gambling Commission. GambleAware develops its commissioning plans in collaboration with the RGSB and the Gambling Commission. These arrangements are underpinned by an 'assurance and governance framework' in place since 2012:
<http://about.gambleaware.org/media/1216/statementofintent.pdf>.
- Research is conducted under the terms of a 'Research Commissioning and Governance Procedure' agreed between the RGSB, the Gambling Commission and GambleAware: <https://about.gambleaware.org/media/1332/research-commissioning-and-governance-procedure-september-2016-final.pdf>. A revised [RGSB and Gambling Commission research programme](#) was published in September 2018 and sets out priorities for research to be commissioned from 2018 to 2022.
- GambleAware requires a minimum of £10 million annually to deliver its current responsibilities, and looks to all those that profit from commercial gambling to support the charity. This donation-based system was proposed after the Gambling Act 2005 and is prescribed by the Gambling Commission's Social Responsibility Code Provision 3.1.1.(2). The RGSB endorsed GambleAware's £10m funding goal in January 2017:
<http://www.rgsb.org.uk/press-releases/responsible-gambling-strategy-board-publishes-assessment-of-the-quantum-of-funding-required-to-deliver-the-national-responsible-gambling-strategy.html>
- GambleAware funds the *Gordon Moody Association*, the *NHS National Problem Gambling Clinic*, *GamCare* and a network of charities across Great Britain to

provide a full range of free treatment for problem gamblers and support for those affected by them. GambleAware also runs the website **BeGambleAware.org** which helps 2.7 million visitors a year, and supports the **National Gambling Helpline – 0808 8020 133**.